

Dorset Health and Wellbeing Board

11 November 2020

Update on a Physical Activity Strategy for Dorset

Portfolio Holder: Cllr L Miller, Adult Social Care and Health

Local Councillor(s): All

Executive Director: S Crowe, Director of Public Health

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Report Status: Public

Recommendation: It is recommended that the Board:

- a) Note the delays to this strategy development arising from the coronavirus pandemic
- b) Agree the proposed approach to developing the physical activity strategy as set out in Appendix 1

Reason for Recommendation:

The approach to developing and implementing the Physical Activity Strategy for Dorset set out in the update paper, provide a robust partnership approach towards sustainable improvements in levels of physical activity across Dorset.

1. Executive Summary

During January 2020 partners working across the Dorset ICS, in particular the two Health and Wellbeing Boards, agreed to develop a strategy to tackle inactivity in Dorset. The original timescales for this work were delayed due to the impact of coronavirus, as such we have used this time to reappraise our next steps.

This summary report outlines the assessment of current activity levels in Dorset and our proposed approach to developing the strategy following consultation with many of the key partners. The physical activity strategy will take the physical activity priorities identified in 'Our Dorset Looking Forward' and the two health and wellbeing strategies, engaging partners to identify what actions they can take to promote physical activity, so it becomes embedded as 'business as usual'.

2. Financial Implications

None to date. It is anticipated that where implementation activities require resources these will be met from a combination of seeking grant funding (from for example Sport England) and use of current operational budgets.

3. Climate implications

Some positive impact can be anticipated through the promotion of active travel.

4. Other Implications

None

5. Risk Assessment

Having considered the risks associated with this decision, the level of risk has been identified as:

Current Risk: Low

Residual Risk: Low

6. Equalities Impact Assessment

Implementation of the resulting Strategy can be anticipated to have a positive impact on equalities; one of two key themes running through the strategy will be a focus on inequalities.

7. Appendices

7.1 Appendix 1 – Update from Active Dorset on a Physical Activity Strategy for Dorset

Footnote:

Issues relating to financial, legal, environmental, economic and equalities implications have been considered and any information relevant to the decision is included within the report.